

# PARENT CAFÉ

## 2024

**FOCUSED ON STRENGTHENING FAMILIES AND COMMUNITIES**

**Join other parents, share stories, build a support network, & grow friendships**

The Parent Café program supports and educates parents and caregivers, utilizing the Strengthening Families Protective Factors, Resilience, Relationships, Knowledge, Support and Communication, that give parents and caregivers the skills and resources they need to parent effectively, even under stress. they need to parent effectively, even under stress.

We have a variety of cafés for various schedules and specific needs

Refer to the back of this page for days and times



**FIRST PRESBYTERIAN CAFÉ:** First Presbyterian Church-531 S College Ave, Fort Collins.

**BROOKSTONE CAFÉ:** 2325 E 1st St, Loveland.

**FOR MORE INFO OR TO REGISTER, CONTACT:**

**BRANDI@THEMATTHEWSHOUSE.ORG**

**(970) 290-0999**

[Sign up for a Parent Café here](#)



# PARENT CAFÉ CALENDAR 2024

## January

MO	TU	WE	TH	FR	SA	SU
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## February

MO	TU	WE	TH	FR	SA	SU
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

## March

MO	TU	WE	TH	FR	SA	SU
26	27	28	29	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## April

MO	TU	WE	TH	FR	SA	SU
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## May

MO	TU	WE	TH	FR	SA	SU
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### KEY:

#### FIRST PRES CAFÉ

Dates: January 11th, 18th, 25th, February 1st, 8th, 15th, 22nd, 29th, March 7th, 14th, 28th, April 4th, 11th, 18th, 25th, May 2nd and 9th.

Time: 5:30 pm-7:30 pm

Place: First Presbyterian Church, 531 S. College Ave, Fort Collins

#### BROOKSTONE CAFÉ

Dates: February 14th, 28th, March 13th, 27th, April 10th, 24th, May 8th

Time: 6:30pm-8:30pm

Place: 2325 E 1st St, Loveland

