The Parent Café program supports and educates parents and caregivers, utilizing the Strengthening Families Protective Factors, Resilience, Relationships, Knowledge, Support and Communication, that give parents and caregivers the skills and resources they need to parent effectively, even under stress.

We have a variety of cafés for various schedules and specific needs.

Refer to the back of this page for days and times.
**PARENT CAFÉ
CALENDAR 2024**

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**KEY:**

- **FIRST PRES CAFÉ**
  - Dates: January 11th, 18th, 25th, February 1st, 8th, 15th, 22nd, 29th, March 7th, 14th, 28th, April 4th, 11th, 18th, 25th, May 2nd and 9th.
  - Time: 5:30 pm-7:30 pm
  - Place: First Presbyterian Church, 531 S. College Ave, Fort Collins

- **BROOKSTONE CAFÉ**
  - Dates: February 14th, 28th, March 13th, 27th, April 10th, 24th, May 8th
  - Time: 6:30pm-8:30pm
  - Place: 2325 E 1st St, Loveland