




# PARENT CAFÉ

## LARIMER COUNTY DEPARTMENT OF CORRECTIONS 2023

Join other parents, share stories, build a support network,  
& grow friendships

The Parent Café program supports and educates parents and caregivers, utilizing the Strengthening Families Protective Factors that give parents and caregivers the skills and resources they need to parent effectively, even under stress.

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1. Resilience
  2. Relationships
  3. Knowledge
  4. Support
  5. Communication

### **LARIMER COUNTY DEPARTMENT OF CORRECTIONS:**

2307 MIDPOINT DRIVE (POWDERHORN ROOM)

### **DATES:**

JANUARY 12, 26

FEBRUARY 9, 23

MARCH 9, 23

APRIL 6, 20.

MAY 4, 18

All Cafés are FREE!  
Healthy meals included

### **TIME:**

6:00 PM TO 8:00 PM

### **FOR MORE INFO OR TO REGISTER CONTACT:**

**MARGARET WATSON**

**970-631-3117**

**MARGARET@THEMATTHEWSHOUSE.ORG**

<http://tinyurl.com/Parent-Cafes-TMH>

