




PARENT CAFÉ

GENESIS PROJECT

2023

Join other parents, share stories, build a support network,
& grow friendships

The Parent Café program supports and educates parents and caregivers, utilizing the Strengthening Families Protective Factors that give parents and caregivers the skills and resources they need to parent effectively, even under stress.

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1. Resilience
 2. Relationships
 3. Knowledge
 4. Support
 5. Communication

GENESIS PROJECT (TREEHOUSE ROOM):

400 S. LINK LN. FORT COLLINS, CO

DATES: WEDNESDAYS

JANUARY 11, 18 AND 25

FEBRUARY 8, 15 AND 22

MARCH 1, 8, 22 AND 29

APRIL 5, 12, 19 AND 26

MAY 3 AND 10

All Cafés are FREE!
Healthy meals included
Children Activities
provided

TIME:
10:00 AM TO NOON

FOR MORE INFO OR TO REGISTER CONTACT:

MARGARET WATSON

970-631-3117

MARGARET@THEMATTHEWSHOUSE.ORG

<http://tinyurl.com/Parent-Cafes-TMH>

