




PARENT CAFÉ

BROOKSTONE

2023

**Join other parents, share stories, build a support network,
& grow friendships**

The Parent Café program supports and educates parents and caregivers, utilizing the Strengthening Families Protective Factors that give parents and caregivers the skills and resources they need to parent effectively, even under stress.

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1. Resilience
 2. Relationships
 3. Knowledge
 4. Support
 5. Communication

BROOKSTONE CAFÉ (CLUBHOUSE):

2575 EAST 1ST STREET LOVELAND, CO

DATES: WEDNESDAYS

JANUARY 11, 18 AND 25

FEBRUARY 8, 15 AND 22

MARCH 1, 8, 22 AND 29

APRIL 5, 12, 19 AND 26

MAY 3 AND 10

All Cafés are FREE!
Healthy meals included
Children Activities
provided

TIME:
6:00 PM TO 8:00 PM

FOR MORE INFO OR TO REGISTER CONTACT:

SUSAN MORITZ

970-310-1140

<http://tinyurl.com/Parent-Cafes-TMH>

