

PARENT CAFÉ

Fall 2022

Join other parents,
Share stories,
Build a support
network,
& Grow friendships

The Parent Café program supports and educates parents and caregivers, utilizing the Strengthening Families Protective Factors that give parents and caregivers the skills and resources they need to parent effectively, even under stress.

- 1. Resilience
- 2. Relationships
- 3. Knowledge
- 4. Support
- 5. Communication

We have a variety of cafés for various schedules and specific needs:

Refer to the back of this page for days and times

Genesis Project Café: 400 S. Link Ln, Fort Collins. Treehouse Room.

2 Gen Café: 531 S. College Ave, Fort Collins, CO

Orchard Café: Residents only. 197 Elder Court, Loveland, CO

Brookstone Café: 2325 E. 1st St., Loveland, CO

Spanish Café: Via Zoom, a link will be provided

Life Center Café: 1511 E. 11th Street, Loveland, CO

Larimer County Department of Corrections: 2307 Midpoint Drive (Powderhorn Room)

All Cafés are
FREE!
Healthy Meals
Included and
Children activities
provided at some
Cafes

FOR MORE INFO OR TO REGISTER CONTACT:

Kristen Caporelli
970-290-0999

kristen@thematthewshouse.org

<http://tinyurl.com/Parent-Cafes-TMH>



Parent Café Fall 2022

September

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

KEY:

- ORCHARD CAFÉ: Every Tuesday from 10:00 am to 12:00 pm
- BROOKSTONE CAFÉ: Every Wednesday from 6:00 pm-8:00 pm
- GENESIS PROJECT CAFÉ: Every Wednesday from 10:00 am to 12:00 pm
- 2 GEN CAFÉ: Every Thursday from 6:00 pm to 8:00 pm
- SPANISH CAFÉ: Bi-weekly via Zoom on Thursdays from 5:30 pm-7:30 pm
- LARIMER COUNTY DEPARTMENT OF CORRECTIONS: Bi-weekly on Tuesdays from 6:00 pm to 8:00 pm