

# GENESIS PROJECT CAFÉ

Join other parents,  
Share stories,  
Build a support network,  
& Grow friendships

The Parent Café program supports and educates parents and caregivers, utilizing the Strengthening Families Protective Factors that give parents and caregivers the skills and resources they need to parent effectively, even under stress.

1. Resilience
2. Relationships
3. Knowledge
4. Support
5. Communication

For dates and times refer to the back of this page

# 2022

Parent Cafes are FREE!  
Healthy Meals Included.

“ I have been blessed with unconditional love at this café! No one judges anything I say about my life. This is my family! ”

-Parent Café Participant

FOR MORE INFO OR TO REGISTER  
CONTACT:

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970-631-3117

[margaret@thematthewshouse.org](mailto:margaret@thematthewshouse.org)

<http://tinyurl.com/Parent-Cafes-TMH>



The Matthews House  
Growing Stronger Together

# 2022

## GENESIS PROJECT CAFÉ

### JANUARY

MO	TU	WE	TH	FR
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

### FEBRUARY

MO	TU	WE	TH	FR
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25

### MARCH

MO	TU	WE	TH	FR
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

### APRIL

MO	TU	WE	TH	FR
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

### MAY

MO	TU	WE	TH	FR	
	2	3	4	5	6
	9	10	11	12	13

**This café is offered on Wednesdays**

**Time: 10:00 am- 12:00 pm**

**Location: 400 S. Link Ln. Fort Collins CO 80524**